

## Family and School

### School Uniform Grants/Free School Meals

Dumfries and Galloway Council can provide grants for school uniforms of up to £80 per child and/or free school meals. Applications available online, and support to access this through Langholm Initiative.

## Housing

DGHP 0800 011 3447    Loreburn 013873 21300

### Shelter Support Services

Liaison, advice and support in a broad range of issues from homelessness to mental or physical health. Contact 0344 515 2390

### DG Council Housing Support/Social Work Services

Homelessness service can provide advice, support or temporary accommodation for anyone that is homeless or at risk of becoming homeless. Phone 030 33 33 3000 and ask for the Homeless Service

### DG Council Discretionary Housing Payments

Apply online at <http://www.dumgal.gov.uk/articlecle/15161/Discretionary-Housing-Payments>

## Food

### Langholm Library Food Bank

Judgement-free access to food parcels. No means-testing/questions. Simply speak to the staff at Langholm Town Hall. Langholm Parish Church accepts food bank donations.

**First Base Agency** Emergency support across Dumfries & Galloway. Contact 013872 79680

**Let's Cook** Contact the Langholm Initiative for advice and support on eating well on a budget.

## Online

### Turn2Us

Online guide to emergency support services such as benefits and grants. Online at <https://www.turn2us.org.uk/>

### Entitledto

Online benefits calculator  
<https://www.entitledto.co.uk/>

# Richer Lives

*Richer Lives is a judgement free, collaborative project here to support you, your friends, family and neighbours.*

*We want to help you access any kind of help you think you might need, advise where you can turn, bring much-needed skills to Eskdale and begin to break the stigma around money.*

*To discuss any of the services mentioned in this guide, contact:*

*Jason Railton*

*at the Langholm Initiative on:*

*013873 80914,*

*text: 07843 947 411, or*

*email [jason@langholminitiative.co.uk](mailto:jason@langholminitiative.co.uk).*

*We are here to support you, confidentially and without judgement for whatever you need.*

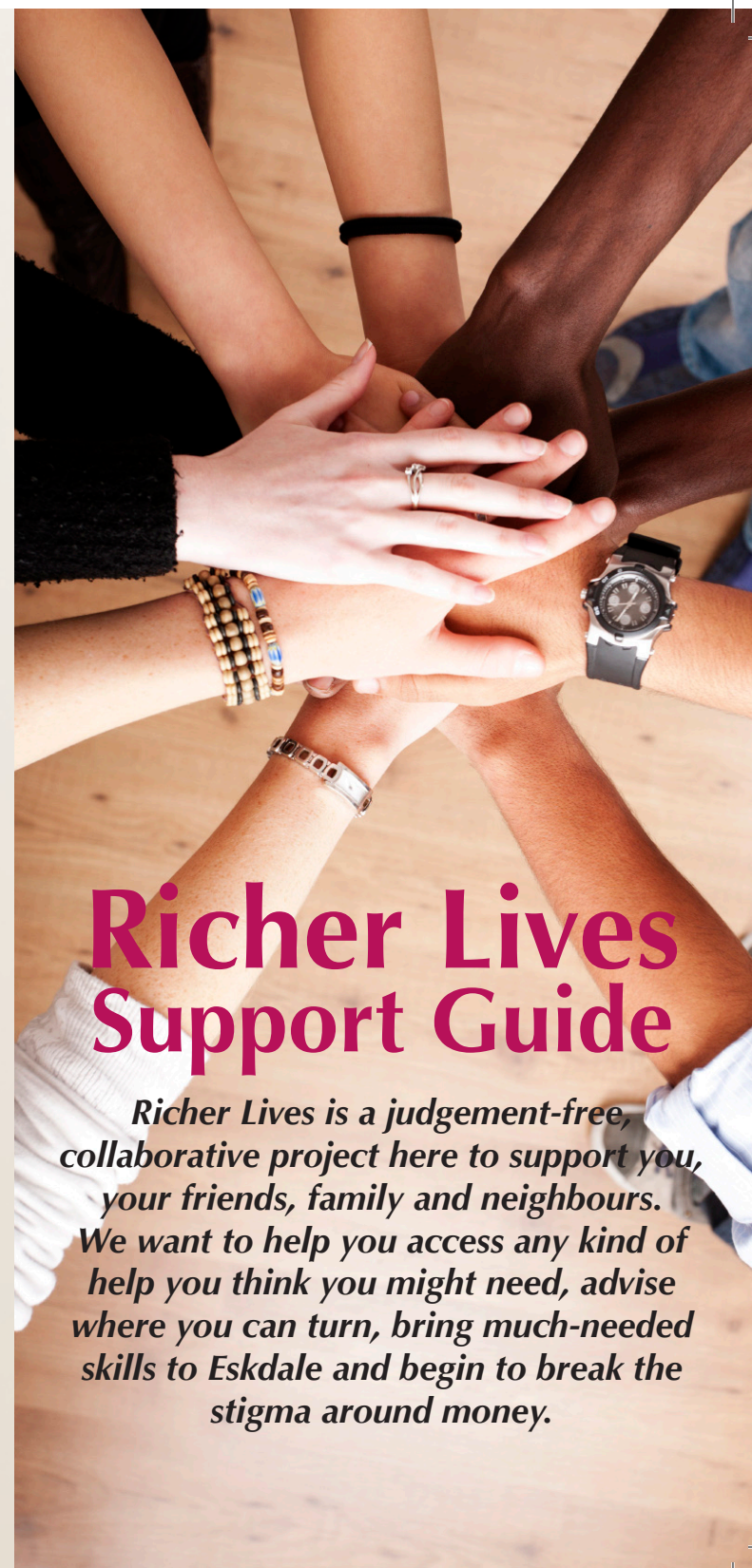


The Langholm Initiative



# Richer Lives Support Guide

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***To discuss any of the services mentioned in this guide, contact Jason Railton at the Langholm Initiative on 013873 80914, text 07843 947 411 or email [jason@langholminitiative.co.uk](mailto:jason@langholminitiative.co.uk).***

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### **General**

#### **Citizen's Advice Service**

Free confidential advice on a range of issues concerning your rights. Appointments available in Langholm. You can self-refer or ask to be referred from the agency you are working with. Call: 0300 303 4321

#### **Financial Inclusion and Assessment Team**

The FIAT team can work with you to ensure that you are receiving what is due to you and maximise your income. You can self-refer or ask to be referred from the agency you are working with Call 030 33 33 3008 and ask for the Financial Inclusion Team.

#### **Jobcentre Plus**

The Jobcentre will work with you to develop skills, find employment and gain confidence. The Jobcentre is your first port of call for benefits and job seeking advice. Useful information about the Jobcentre process can be found at: [www.jobcentreguide.org](http://www.jobcentreguide.org) Call 0800 169 0190 to make an appointment at the Annan office.

#### **Travel Discount Card**

You can access a Travel Discount Card for cheaper rail travel if it makes finding a job easier for you. Ask your JobCentre advisor about this.

#### **Flexible Support Fund**

Your Jobcentre advisor will have access to a discretionary fund that they can use to help make your jobseeking easier. This can include travel costs to interviews,

training courses or even interview clothes. Ask your advisor about this.

#### **Kate's Kitchen**

Advice and support service based in Annan. Contact 01461 206 444

#### **New Enterprise Allowance**

Support for unemployed people looking to start a business. Speak to Langholm Initiative.

### **Crisis**

#### **Scottish Welfare Fund/DG Council Crisis Grants/Community Care Grants**

The Scottish Welfare Fund can help you in a crisis. It is operated through Dumfries and Galloway Council. You must be aged 16 or over, in receipt of a low income or benefits and not have access to any other appropriate source of financial help.

The Fund also operates community care grants for people leaving or entering care.

Information is available from the Dumfries and Galloway Council website. If you need assistance to access this, please ring 013873 80914 to speak to Jason.

#### **Emergency Essentials BBC/Buttle**

Emergency Essentials is funded by BBC Children in Need. Direct financial support grants of around £300 for basic items like cookers and beds for people in extreme circumstances. Apply through [www.buttleuk.org](http://www.buttleuk.org). Speak to Jason for more information on 013873 80914.

### **Health & Wellbeing**

#### **Safe and Healthy Action Partnership**

Health and wellbeing support. Access to a broad range of services, support and activities in Annandale and Eskdale. Contact Jason for referral.

#### **65+**

#### **Langholm Day Centre**

Hot meals, activities and a friendly welcome for Langholm & District over 65s. Speak to Sandra on 013873 80185 about membership.

#### **Canonbie Computer Class**

Learning to use computers can make life easier, and make you feel more connected to the wider world.

### **Money Saving**

Dumfries and Galloway Home Energy Assistance Scheme. If you spend more than 10% of disposable income on fuel for cooking or heating you may qualify for a home visit and energy audit. Contact Jason on 013873 80914 or email [jason@langholminitiative.co.uk](mailto:jason@langholminitiative.co.uk) for more information.

#### **Energy Saving Trust**

Resources and help to save money on your energy bills. More information online at <http://www.energysavingtrust.org.uk/>

#### **Money Saving Expert**

Online resource that could help you save money on your day-to-day expenses <https://www.moneysavingexpert.com/>

### **Training and Development**

#### **DG TAP**

Dumfries and Galloway Council's employability service. Referrals can be made through Langholm Initiative on 013873 80914.

#### **Independent Training Account**

ITAs are available to people seeking training to either improve their chances of finding work or to improve their skills in their current position. Speak to Langholm Initiative.

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